

## Highlights of the Curriculum

- ◆ Introduction to a systemic model that guides the facilitation process.
- ◆ Advanced understanding of managing psychological depth.
- ◆ Development of skills in goal setting, tailoring, giftwrapping, and processing.
- ◆ Instruction in facilitation techniques through the seven generations.
- ◆ Modeling and demonstration of advanced facilitation.
- ◆ Extensive opportunity for application and practice of facilitation skills.
- ◆ Personalized analysis of participants facilitation through a variety of methods.
- ◆ Full set of training materials including articles, bibliography and handouts.
- ◆ Tailoring of the training content to meet the specific practice needs of participants.
- ◆ Critical consideration of specific client issues.
- ◆ Opportunities for ongoing and continued training and supervision.

Double Black Diamond  
72 Laney Road  
Rochester, New York 14620  
USA



**Presents**

**A Five Day Advanced  
Facilitation Training  
for Adventure-Based  
Professionals**

## The Problem

Professionals in the field of adventure programming have often complained that there is no training available beyond the entry level. How can one improve their skills when there are no avenues for training?

## The Solution

Double Black Diamond has created a training program to enhance the competence of adventure-based practice professionals through an intensive program that includes: theory, instruction, modeling and personalized analysis.

## The Program

While it's true that adventure experiences/activities can speak for themselves, skillful facilitation is critical to the delivery of a successful program. As adventure professionals gain access to new venues, the issues that they face are increasingly complex. Practitioners are required to be proficient and purposeful in their facilitation. The facilitator is the architect of learning and must structure the experience to maximize the meaning for the participant.

Naturally, the more challenged the client is within their own life and experience, the more honed facilitation skills must be to achieve meaningful results. Few models exist to assist the adventure professional in achieving such competence.

This five day intensive workshop builds professional competence to better facilitate client learning. Participants are trained in a

model of facilitation designed to help clients when basic entry level work is insufficient to achieve client or program goals. Such indirect facilitation may be required due to the nature of the client issues, the dynamics of the group, the level of disequilibrium of the system or a combination of these factors. Throughout the workshop, participants are guided experientially through activities that build competence in advanced areas of facilitation including frontloading, framing, flagging, and paradoxical interventions.

This training is appropriate for any adventure professional regardless of setting, population, or specific modalities. It will be of most use to those who have actual experience. This workshop is not an introduction to facilitation, to adventure activities, or to adventure philosophy. This workshop is a valuable addition to or follow up to trainings offered by a number of organizations.

## The Logistics

This workshop is offered as a public training opportunity or may be customized for specific organizations. When the course is offered to the public, any adventure professional may attend. When offered as a customized training for your organization, the agency determines appropriate criteria for participation. We will work with your agency to customize the lessons to maximize the utility for your programs.

We are also able to provide variations of our standard training to meet the specific needs of your organization. Shorter programs can be developed. We encourage organizations to contact us with design questions.

## The Trainers

**Dr. Scott Bandoroff** - a psychologist with over 15 years of experience working with challenging adolescents and their families in wilderness and outpatient settings. He developed a wilderness family therapy intervention and established himself internationally as an authority on adventure family therapy through his articles and presentations. Dr. Bandoroff also developed and directed a short-term wilderness program for severely delinquent youth. He recently founded Peak Experience to provide training and consultation in adventure therapy.

**Dr. Christian M. Itin, MSW** - a social worker and social work educator with over 17 years of experience using a variety of adventure-based practice modalities with a variety of client populations. His experience includes 14 years with the Colorado Outward Bound School's Health Services, Community, and Professional Development Programs. Dr. Itin was the director of the Beach Hill Outward Bound wilderness treatment program for adolescents. He has written extensively on advanced facilitation of adventure experiences and is the editor of the text "Exploring the Boundaries of Adventure Therapy: International Perspectives."

## The Contact Information

**Dr. Bandoroff** - 1407 NW Quincy Avenue  
Bend, OR 97701, 541-318-0955,  
peakexperience@bendnet.com

**Dr. Itin** - 72 Laney Rd., Rochester, NY 14620,  
716-473-4994, citin@rochester.rr.com

**Or visit us on the web at:**

[http://double\\_black\\_diamond.tripod.com/](http://double_black_diamond.tripod.com/)